



Ms. Sanirose Orbeta - “Achieving Balance: The Road to Wellness”

In today’s fast-paced, stress-filled work environment, it has become more and more difficult to achieve balance in all the areas of our lives. Sanirose Orbeta knows this only too well, so she actively collaborates with other practitioners in allied health professions, conducting clinical studies and giving scientific lectures in an effort to address this crying need for balance. Founder of the first private Nutrition Therapy and Diet Clinic in the Philippines, Ms. Orbeta is one of only two Asian Certified Fellows of the American Dietetic Society. She is currently the Philippine representative to the International Association for the Study of Overweight and Obesity. The focus of her vision – and her talk at this conference – is overall wellness and how to improve the health status of the Filipino through proper nutrition and dietary counseling.



Mr. Gonzalo B.A. Bongolan - “Tough Professionals Outlast Tough Times”

Mr. “Bong” Bongolan began his career in securities as a Research Analyst and was at one time one of the most popular and heavily-quoted market analysts in the country. Today he is the youngest-ever President of Home Guranty Corporation, having joined HGC soon after the 1997 Asian financial crisis that ravaged the real estate industry. When he took over the reins of HGC in 2001, he was met with a monstrous P16 Billion in unpaid guaranties and a vast portfolio of non-performing assets. He subsequently turned around HGC into an unimpaired and credible organization with a highly motivated workforce – the touchstone on which he has based all his future actions and executive decisions. Described by the Philippine Star as “a major feather in the Arroyo-De Castro tandem’s cap”, Mr. Bongolan will share with us lessons from the 1997 Asian crisis, including his thoughts on how to instill a culture of cost-efficiency in the work place, and how to restore public confidence in our collective organizations and the financial services industry.